

YOGA AT THE KING & BEAR

MONDAYS
6:30PM

\$12 PER CLASS
OR 6 WEEKS FOR \$60



JOIN US FOR A STRESS-RELIEVING GOOD TIME!

CONTACT:

BEVERLY Y. JUND, RYT

VISIT: WWW.AHIMSAYOGASTUDIOS.COM OR CALL 904.537.6354 FOR DETAILS

THIS CLASS IS A MULTI-LEVEL CLASS - BEGINNERS WELCOME!